

TESTING: WHEN, HOW, WHERE?



HIGH RISK CONTACT

Have you been in contact with an infected person for more than 15 minutes and within a distance of less than 1.5 metres?

YOU HAVE RECEIVED A TEST CODE FROM THE CONTACT CENTRE OR VIA CORONALERT:

Go to myhealth.be and make an appointment for a PCR test at a test centre or a laboratory. Do not go to your doctor or pharmacist for this

YOU DID NOT RECEIVE A TEST CODE FROM THE CONTACT CENTRE:

Your tests will not be reimbursed. Ask the person with whom you had the high risk contact to pass on your correct contact details to the contact tracing (02/214 19 19) or via myhealth.be

FULLY VACCINATED

- Quarantine until the result of your PCR test is known.*
 - Have a PCR test taken around five days after the contact took place.
 - In the meantime, remain cautious: limit your social contacts, avoid vulnerable people, respect distance, wear your face mask, keep on teleworking.
- * Exception: from the fourth day after the high risk contact, you can leave quarantine on condition that you have a daily negative self-test, until a negative result of the PCR test.
- You do not need to use the 2nd code, unless you have symptoms.

NOT VACCINATED OR NOT FULLY VACCINATED

- 1st PCR test immediately upon receipt of test code.
- 2nd PCR test on day 7 after the highrisk contact.
- Quarantine until negative result of the 2nd test.

TEST RESULT CAN BE OBTAINED VIA MYHEALTH.BE, THE COVIDSAFE APP OR YOU RECEIVE A TEXT MESSAGE

NEGATIVE

Remain cautious for 1 week: limit your social contacts, avoid vulnerable people, respect distance, wear your face mask, keep on teleworking.

POSITIVE

At least 10 days isolation with at least 3 days without fever and improvement of other symptoms.