

These measures apply from 10.1.22.
and replace the previous ones.

TESTING: WHEN, HOW, WHERE?



HIGH RISK CONTACT WITHOUT SYMPTOMS

Have you been in contact with an infected person for more than 15 minutes and within a distance of less than 1.5 metres?

VACCINATED

NOT VACCINATED

Last vaccination < 5 months
or booster vaccination or you are
between 12 and 17 years old and
have received your basic vaccination.

Last vaccination > 5 months
and no booster vaccin.

PCR test and quarantine not
necessary, but remain cautious
for 10 days after the high-risk
contact: limit your social contacts,
avoid vulnerable people, respect
distance, wear a face mask
(preferably FFP2) and keep on
teleworking.

7 days quarantine.
Can be terminated from day 4
on condition of a daily negative self-test
from day 4 to day 7
In the meantime, remain extra cautious
for 10 days after the high risk contact.

10 days quarantine.
Can be terminated from day 7
on condition of a daily negative self-test
from day 7 to day 10. In the meantime,
remain extra cautious for 10 days
after the high risk contact.

POSITIVE SELF-TEST
(you are probably infected)

NEGATIVE SELF-TEST
(you are probably not infected)

POSITIVE SELF-TEST
(you are probably infected)

NEGATIVE SELF-TEST
(you are probably not infected)

Request an activation code for a PCR test at the Contact Centre
02 214 19 19 and go into isolation until you get the result of the PCR test.

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02 214 19 19 and go into isolation until you get the result of the PCR test.

POSITIVE

NEGATIVE

POSITIVE

NEGATIVE

7 days of isolation.
Isolation ends on day 7 on condition of 3
days without fever and improvement of
the symptoms. After that, remain extra
cautious for 3 days: limit the number of
contacts to the strictly necessary.
Wear continuously a mask indoors
(preferably FFP2).

Quarantine
can be terminated.

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Isolation ends on day 7 on condition of 3
days without fever and improvement of
the symptoms. After that, remain extra
cautious for 3 days: limit the number of
contacts to the strictly necessary.
Wear continuously a mask indoors
(preferably FFP2).

Quarantine
can be terminated.

Anyone who took a positive PCR- or rapid test less than 5 months ago follows the same measures as the vaccinated people (see above),
as long as he or she has no symptoms.

[More information on info-coronavirus.be](https://www.info-coronavirus.be)