

TESTING: WHEN, HOW, WHERE



SYMPTOMS?



COUGH



FEVER



LOSS OF
TASTE / SMELL



PAIN



BREATHING
DIFFICULTIES



FATIGUE



DIARRHEA

Evaluate your symptoms with the self-assessment tool via myhealth.be instead of contacting your general practitioner*

ADVICE NOT TO TEST

ADVICE TO TEST

Make an appointment for a PCR test (via myhealth.be) or a rapid test (via specific pharmacists, see www.apotheek.be [NL] or www.pharmacie.be [FR])

TEST RESULT CAN BE OBTAINED VIA MYHEALTH.BE, THE COVIDSAFE APP OR YOU RECEIVE A TEXT MESSAGE

NEGATIVE

POSITIVE

Remain extra cautious for 1 week:
limit your social contacts, avoid vulnerable people,
respect distance, wear your face mask,
keep on teleworking.

At least 10 days of isolation with at least 3 days
without fever and improvement of other symptoms.
Give your contact details to contact tracing
via myhealth.be

*Unless you have no cell phone or PC or you are at an increased risk (e.g. pregnancy, heart, kidney, liver or lung disease, cancer patient)



More information on info-coronavirus.be

.be